

Nurse Practitioner Presentation

Isabel Raiman

RN MSc Clinical Studies

Contents

- History
- Portfolio
- Interview
- What I would have done differently
- Where to now

Personal history



Nursing experience/courses
Diabetes post

Married with
3 boys



BSc/MSc
Prescribing
Diabetes
Rheumatology
Medical School



Decision to proceed

- Previous post in UK as Nurse Consultant/Prescribing
- Eligibility.....Qualifications Nursing experience
- Current position in NZ
- Support from employer





Eligibility to apply



- RN
- Years in specialty
- MSc Clinical (indicators)
- Prescribing course
- Prescribing practicum

Diabetes

GENERAL

Glycaemic control

Skin conditions

Musculoskeletal

Infection risk

Depression

MACROVASCULAR

Cerebrovascular

Cardiovascular

Hypertension

Dyslipidaemia

Peripheral Vascular

MICROVASCULAR

Retinopathy

Nephropathy

Neuropathy

1. Autonomic

Gastroparesis

Sexual dysfunction

Gustatory sweating

Postural hypotension

Neurogenic bladder

2. Peripheral

Pain

Ulceration

Necrosis

Associated conditions

Auto immune conditions:

- Thyroid disease
- Pernicious anaemia
- Coeliac disease
- Rheumatoid arthritis

Metabolic conditions

- Polycystic ovary syndrome
- Obesity/Eating disorders
- Gout

Other

- Addisons
- Cystic fibrosis
- Haemochromatosis
- Non alcoholic fatty liver

The Portfolio



Providing the evidence

- Everyday practice
- 2 -3 pieces per indicator
- Each piece can be used for more than one indicator



Start early

Not difficult just time consuming

Be organised

Submission of portfolio & wait



Next phase

4 bound copies

Letter re: interview and follow up phone call



Presentation

- the portfolio can only give a 'one dimensional' form of evidence of your practice panels often ask for additional information
- It will be important in your presentation to really showcase the strength of your nursing practice in your current and future nurse practitioner role.
- The issue the panel would like you to address in your presentation on 20 March is the following:
- Please present a recent client and your use of a systematic assessment framework to showcase your expert nursing knowledge and skills to complete an initial assessment of the client, and what if any follow up care you offered to support their health related needs.

To Wellington



© Original Artist
Apprehensive about flying? Reproduction rights obtainable from
Uncomfortable about heights? www.CartoonStock.com
Then climb aboard the new airline
just for you!!

**SCARED AS HELL
AIRLINES!**

We leave
the flaps down,
landing gear down,
heck even the access
stairway is still there.

and we NEVER go
above thirty feet!
That's our promise
to you!

So next time
you think of
flying, think
SCARED AS HELL,
cause we know you are!



Contents of presentation

1. Personal history
2. Scope of practice: Diabetes (and related conditions)
3. Frameworks for consultation
4. Case Study
5. Future Plans

Arrival



Interview panel

Anna Dawson



Debra Wilson

Interview format

Part 1

- Introductions
- Prepared presentation (30 mins)
- Questions on presentation
- Questions on portfolio

THEN

Part 2: Case Studies

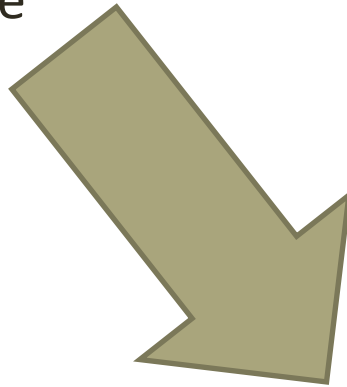


Case studies: format

- Breakout room
 - Approximately 1 hour....over lunch
 - Two case studies to work through
 - Ipad/resources
-
- Then back in board room for questions
 - Exploring cases in more depth/prescribing

Issues

- Nerves/anxiety
- Time pressure



Panic mode
Muddled thinking

Last stage of process



After



THE GENERAL PRACTITIONER
EST. 2006.
*A Prescription for Fine Ales
& Healthy Socializing*

What I would have done differently

- **Started collecting evidence earlier**
- **Organised a mentor**
- **General better organisation of portfolio**

Where to now.....

