

Integrated Family Health Services: a gift for primary care nursing

Helen Parker

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Why are IFHS a gift?

- Builds sustainable general practice
- High performing integrated nursing teams are critical to success (but better for nurses too)
- Evidence-based: provides better care
- Creates freedoms in how nurses deliver care; rural and urban models prevail
- Opportunity for new roles
- Integrated teams have a far more powerful voice in the health system

What is changing?

- Transformation of general practice
- DNs part of general practice team, jointly planning and delivering care for enrolled population
- Other nursing professionals integrating via proactive care management process
- Shared patient record
- Hospital referrals to general practice only
- Primary Care Assistant roles

Proactive,
planned care
management
for those with
high needs

Timely
unplanned
care

Preventative and
routine care
for the well

Nurse led co-ordination

- Team approach – ‘year of care’
- Patient specific appointments
- Personalised care plan
- Named care team as patients first point of contact

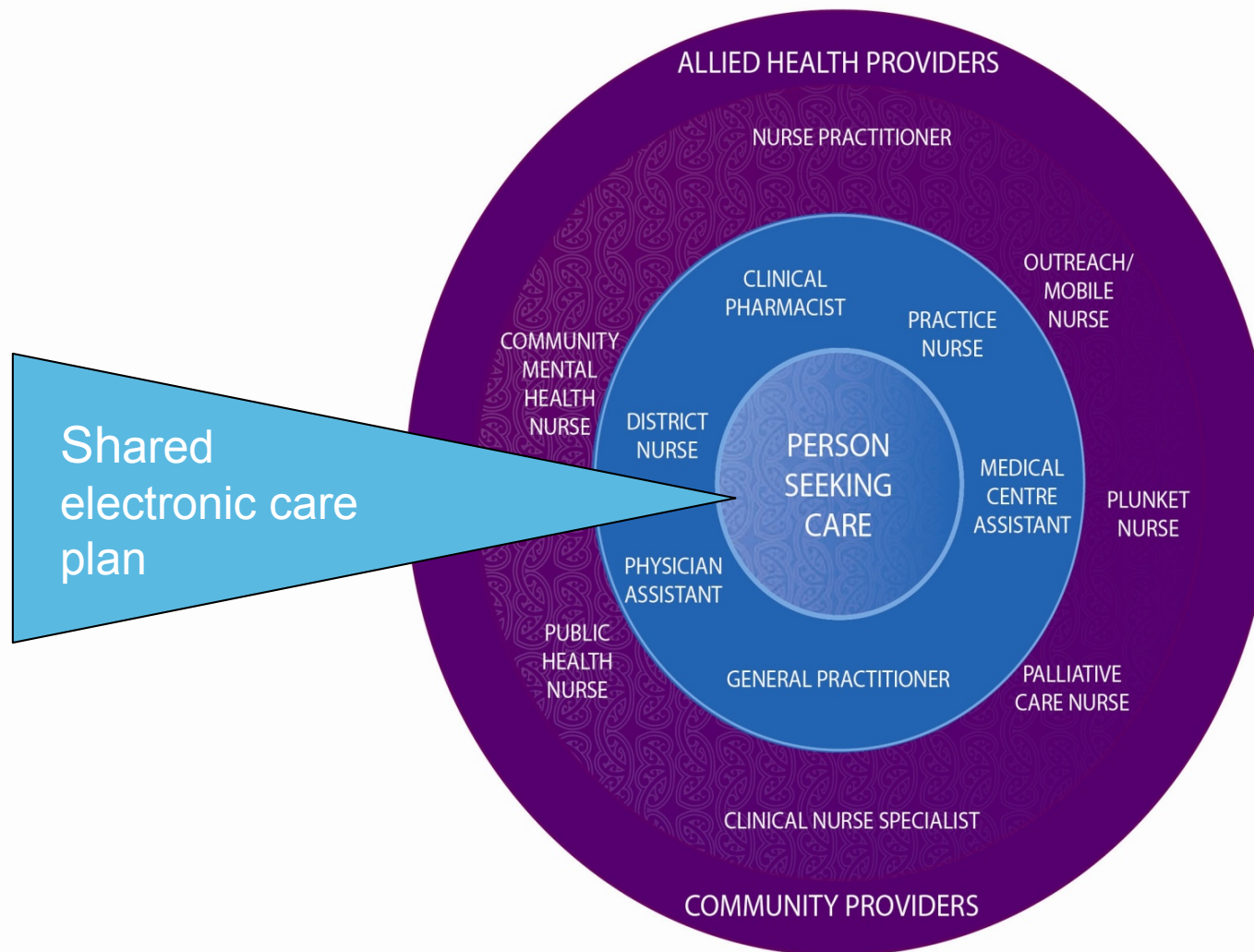
- GP Triage
 - same day appointment
 - telephone resolution
 - advice/ follow up
- Walk in service
- Primary Options

- Age and gender specific health plan
- Recalls
- Reminders
- Signposting to other services



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Integrated Community Nursing Services



A close-up photograph of three sunny-side-up eggs cooking in a dark frying pan. The egg whites are slightly browned at the edges, and the yolks are bright orange and intact. The text labels are overlaid on the image.

**PHN
expertise**

**DN
expertise**

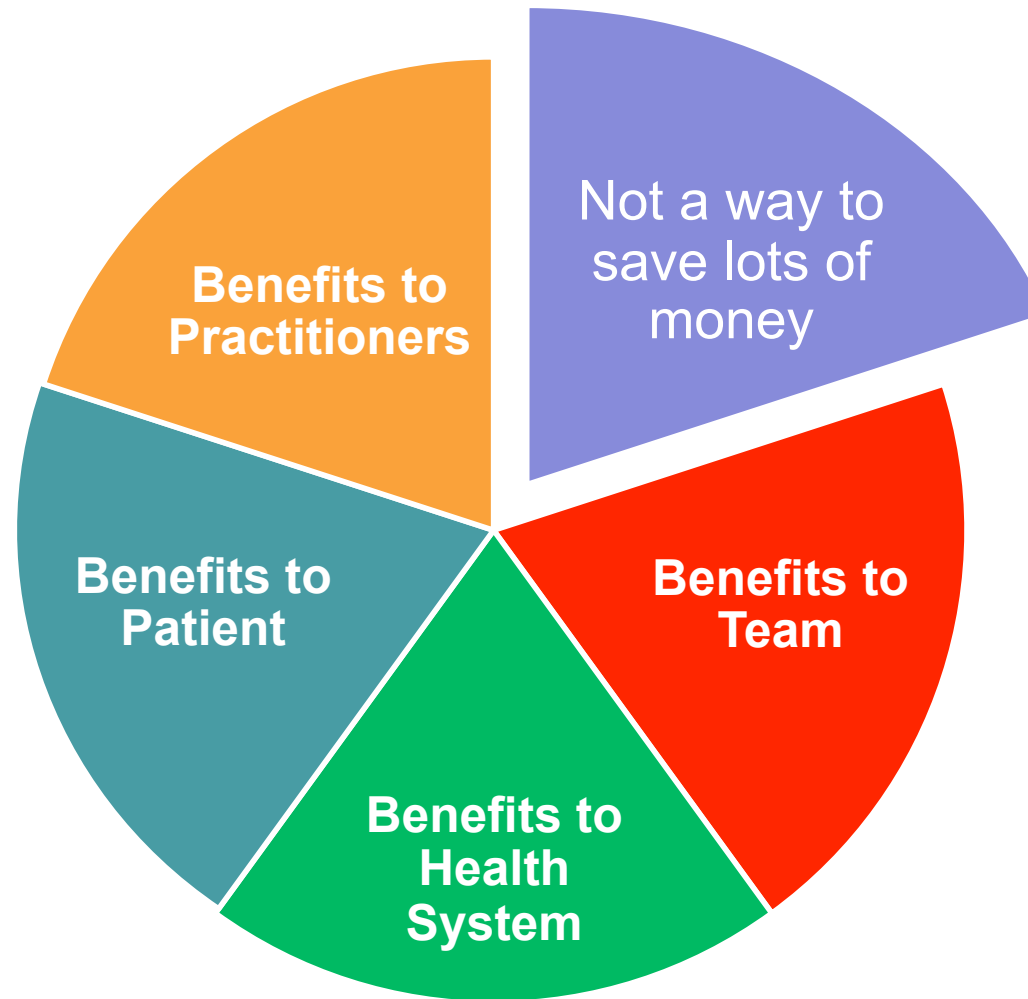
Core nursing skills

**PN
expertise**



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What does the evidence tell us?



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Outcomes

- Truly patient centred care
- Primary care nursing strategy focused on nursing development, not just 'nurses'
- More efficient use of existing workforce
- Stronger peer support, sharing of knowledge and expertise
- More attractive career option for future nurses